LEGACIES OF RESISTANCE
An Anti-Zionist Haggadah for a Liberation Seder
This haggadah draws from many sources of liberatory ritual practice and the following resources, among others:

IJAN Haggadot 5766-5769
Jews for a Free Palestine Haggadah
No Time to Celebrate: Jews Remember the Nakba Haggadah Supplement
Camp Kinderland Haggadah, 5769
And if not with others, how? SJE 5765
Lo Alecha, Smith College 5764
Love and Justice in Times of War Haggadah 5763
Across the Sea, Smith College 5759
We Remember, We Believe, Smith College 5758
A Family Haggadah II, by Shoshana Silberman Kar-ben Copies, Inc.
Rockville, MD 1997
The Book of Blessings, Marcia Falk, 1996
Various internet news sources

On the Cover: Image by Karla Gudeon.

This image depicts the burning bush, the form of the Sacred that appeared to Moses before he decides to return to Mitzrayim and challenge the Pharaoh’s power. According to the story, the miracle of the burning bush was that it “burned with fire, but was not destroyed.”

Struggles for liberation and human emancipation are fires that burn but do not destroy. The legacies of resistance we inherit came into being through the courage and commitment of those who came before us. These include long histories of Jewish participation in our own and others liberation, including the history of Jewish anti-Zionism. When we claim these legacies of resistance, in our lives and movements, they live on and are not destroyed.
This Haggadah is dedicated to the liberation struggles of yesterday and today, and to the survival and freedom of people and the planet in generations to come.
How to Use this Haggadah

This Haggadah is meant as a tool for Liberation Seders - a ritual to honor the timeless impulse to struggle for freedom. We hope that it will support diverse Jewish communities to honor the legacies of resistance that you draw on - with the community that you chose to celebrate with. On page 13, you will find a list of ritual objects you will need. As you move through the Haggadah, there are suggestions for each part of traditional rituals. Use it as a resource and a guide - you do not have to do every reading, read everything aloud or complete every part of the Seder. You also might want to supplement it with other readings or activities that ring true for you.
Welcome to this Liberation Haggadah. Tonight we celebrate the freedoms that we have, freedom that our predecessors fought for us to have. Tonight we celebrate the human will to survive, to love, and to live with dignity and in freedom. Tonight we celebrate the force of this will against the many historic and current attempts to break it. Tonight we celebrate the shoulders we stand on, the long and many legacies of struggles for liberation.

At Passover, Pesach in Hebrew, we tell the story of the liberation of the ancient Hebrews from oppression in the land of Egypt, Mitzrayim in Hebrew. Seder means “order”—the order of the meal and ritual of Pesach that Jews all over the world have participated in for centuries. Tonight we draw on the legacy of Rabbi Akiba who used the Pesach Seder to plan a revolutionary struggle against the Romans, the Warsaw Ghetto fighters whose famous uprising against the Nazis took place the first night of Passover in 1943, and the many Jews in every generation who have used the Seder to sustain the work of Tikkun Olam—repairing the world. As Jews committed to current liberation struggles, we enact this ritual to honor our participation in our own and in collective struggles for human emancipation across time and place.”

At the same time that we celebrate legacies of resistance, the story of Exodus gives us a lot with which to wrestle. The Hebrews are referred to as G-d’s “chosen people,” and promised the land of Canaan.

There are contradictions within our histories and within the text. We cannot deny that there is a tradition of exceptionalism within Judaism. We reject this exceptionalism in favor of a common humanity. We cannot ignore that, in the story of Exodus, the Hebrews worship a god that is vengeful and cruel. There are also powerful themes of resistance and liberation.

As Jews committed to ending Zionism, and as people who are part of global movements for liberation, we choose what interpretations and traditions we draw on, and what we challenge or reject. Rather than ignore the parts of our histories that challenge our visions for the future, we explore and account for the complexities of the traditions we inherit.
We don’t want a homeland for “a people without a home;” we want to live in the world with our fellow human beings in dignity and respect.

We confront the parts of the Exodus story that lend themselves to exceptionalism, separate us from our fellow human beings, deny the many allies we have had throughout history, accept revenge as a form of justice, and use our own suffering to justify the displacement and dispossession of the Palestinian people.

Tonight, the ritual of Seder gives us an opportunity to contend not only with legacies of oppression but also with current suffering that we survive, that we perpetrate and in which we are complicit. We are reminded that in every moment we can choose the best option available to us for living a life and building a world that reflects what is sacred.

Mitzyrayim is the Hebrew word for Egypt, but it literally translates to mean “a narrow place.” We understand this as a metaphor for all which is in opposition to life, justice, connection and sustainability. The Haggadah insists: “In every generation, a person is required to see themselves as if they personally left Mitzrayim.”

In the spring, as the seedlings break through their shells and emerge from their narrow place in the earth, we imagine for a moment that each of us has personally left the narrow places that constrain us, that we live in a world of limitless possibility where we have the freedom to honor what is sacred.

Tonight we reclaim what is sacred to us. Tonight we speak of and celebrate liberation to sustain ourselves, to continue to become the people we want to be and to deepen our commitment to justice in the year ahead.

This Seder is dedicated to a free Palestine and the liberation of all peoples, living beings and the planet.

Tzedek tzedek tirdof! Justice, justice, we shall pursue!
The Low Road  
by Marge Piercy

What can they do to you?  
Whatever they want.

They can set you up, bust you,  
they can break your fingers,  
burn your brain with electricity,  
blur you with drugs till you  
can’t walk, can’t remember.  
They can take away your children,  
wall up your lover;  
they can do anything you can’t stop them doing.

How can you stop them?  
Alone you can fight, you can refuse.  
You can take whatever revenge you can  
But they roll right over you.

But two people fighting back to back  
can cut through a mob  
a snake-dancing fire  
can break a cordon,  
termites can bring down a mansion.

Two people can keep each other sane  
can give support, conviction,  
love, massage, hope, sex.

Three people are a delegation  
a cell, a wedge.  
With four you can play games  
and start a collective.  
With six you can rent a whole house  
have pie for dinner with no seconds  
and make your own music.

continued...
Thirteen makes a circle,  
a hundred fill a hall.  
A thousand have solidarity  
and your own newsletter;  
ten thousand community  
and your own papers;  
a hundred thousand,  
a network of communities;  
a million our own world.  
It goes one at a time.  
It starts when you care to act.  
It starts when you do it again  
after they say no.  
It starts when you say we  
and know who you mean;  
and each day you mean  
one more.

**Welcome loved ones not at the table**

At this time we take a moment to welcome those who we wish were here tonight. We can welcome friends and family members who have died, and others who simply aren’t physically present, mentors, those who inspire us, and ancestors who we do not know by name.

*After a moment of silence, anyone who feels moved may name the person or people you wish to welcome, aloud or silently as you choose.*
NOTES
Describing the Sacred

For some of us, Seder is a secular celebration of historic and current commitments to justice and struggles for liberation and freedom. For others of us, it is also connected to our spiritual or religious practice.

Within our communities, there are many different ways that we understand and relate to the idea of the sacred. We also recognize that because of the ways idea of god has been used as a tool of spiritual and political violence, some of us reject it altogether.

For the blessings in this Haggadah we refer to G-d as “the Source of Life.” The Source of Life” can mean the spark of humanity and compassion within each of us, the impulse to affirm and sustain life, or the energy that is created when people come together with a shared vision and a commitment to act.

Traditionally, in Judaism, G-d is referred to as male. We reject the sexism embedded in this tradition. For this Haggadah, we draw on the feminist intervention of Marcia Falk. Instead of saying “Blessed are You, Lord our god, who commanded us to...” we say “Let us bless the Source of Life and the tradition of...” In Hebrew, the words “we” and “us” are inclusive of all genders, and we and we use a mix of gendered language to refer to G-d. We also hold that, for many of us, our connection to these rituals is not based on a belief in following commandments from a hierarchical G-d, but connecting to traditions that connect us to the values and principles we want to live by.

Today, like every other day,
we wake up empty and frightened.
Don’t open the door to the study and begin reading.
Take down a musical instrument.
Let the beauty we love be what we do.
There are hundreds of ways to kneel and kiss the ground.

-Rumi
About asking questions

The whole purpose of the Seder is to ask questions. This is your time to put forth deep and burning questions, or to simply ask for clarification about simple things that may confuse you. You can ask about things that you do not understand or even ask questions about things that you disagree with. All questions are welcome and in fact, vital to the Passover celebration.

About Yisrael

The word Yisrael (Israel) comes from the blessing given to Ya’akov (Jacob) by a stranger with whom he wrestles all night. When the stranger is finally pinned, Ya’akov asks him for a blessing. The stranger says, “Your name will no longer be Ya’akov, but Yisrael, for you have wrestled with G-d and triumphed.” When we say the word “Yisrael” in blessings, we are not referring to the state of Israel. Rather, we are drawing on this legacy of wrestling—with G-d, with the traditions we inherit, with injustice.

About Mitzrayim

Throughout this Haggadah, we use the word Mitzrayim instead of Egypt. On Passover, we retell the story of the Hebrews’ journey to freedom from enslavement in Mitzrayim. Mitzrayim comes from the root “tzar,” meaning “narrow or constricted.” We are intentionally and explicitly differentiating between this symbol of “constriction” and actual people or places.

On this day we offer an opportunity to not only commit ourselves to justice and liberation, but also to imagine new possibilities of what that could mean. Let us breathe deeply, let us use our voices to authentically dream our truths into being.
The word ‘seder’ means order. Tonight our seder will proceed in the following order. The different sections can be found on these pages:

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HALLEL
Songs of praise

NIRTZA
Closing
The entire story of Passover is contained on the Seder plate. Throughout the evening we will be invited to eat these things as part of the ritual. The Seder plate includes the following items:

**Zeroa**, a roasted shank bone, beet, or yam to symbolize the Pesach offering, the lamb that the Hebrews sacrificed, using its blood to mark their doors so the Angel of Death would spare their firstborns during the tenth plague.

**Beytza**, a roasted egg that to some symbolizes the sacrifices made at the Temple. It is also a symbol of spring.

**Maror or Chazeret**, bitter herbs to remind us of the bitterness of enslavement and oppression.

**Charoset**, a sweet mixture of fruit, nuts, wine, and spices representing the mortar that Hebrew slaves used to make bricks in Mitzrayim, as well as the sweetness of liberation.

**Karpas**, a green vegetable symbolizing hope, spring, new growth and renewal.

In addition to the traditional Seder plate items, we include:

**Olive**, representing the struggle of Palestinian people for land and self-determination.

**Orange**, symbolizing feminist, queer and trans struggles against marginalization.

*Beside the Seder plate you will see:*

**Matzah** (3 or more pieces), unleavened bread, baked quickly, signifying that there was not enough time for the dough to rise before the Hebrews fled Mitzrayim.
Miriam’s Cup, a cup of water to honor the Prophet Miriam and the leadership of countless women whose names have not been recorded.

Elijah’s Cup, a cup of wine to honor the Prophet Elijah who represents the unfulfilled potential of liberation.

Salt water, lemon juice or vinegar, symbolizing the tears of the Hebrews oppressed in Mitzrayim.

CANDLES

We light candles to signify the beginning of the Seder.

Yitromeym libeynu, t’shovav nafsheynu, b’hadlakat neyr shel shabbat.

May our hearts be lifted, our spirits refreshed, as we light the Sabbath candles.

Out beyond ideas of wrongdoing and rightdoing, there is a field. I’ll meet you there.

When the soul lies down in that grass, the world is too full to talk about.

Ideas, language, even the phrase “each other” doesn’t make any sense.

-Rumi
HINEI MA TOV

We join in the following song together:

הני מי טוב ומי נעים, שבט כלנו גם יחד.

Hinei ma tov uma na’im shevet kulanu gam yachad.
How sweet it is to be together, all of us, in community.

SOCIAL ACTION

A blessing

Please join us in reciting:

nbruh at ekh hachayim uat ekh hadach lirvof tzedek.

N‘vareykh et eyn hachayim v‘et hadachaf lirdof tzedek.
Let us bless the source of life and the impulse to pursue justice.

If We Jump Up
by Minnie Bruce Pratt

Let new words leap out of our mouths.
Let our hands be astonished at what we have made, and glad.
Let us follow ourselves into a present not ruled by the past.
If we jump now, our far will be near.

Take a moment to introduce yourself to the people at your table. You may also take a moment to share with one another something that inspires you.
SHEHECHIANU
A blessing for the first time

This blessing is said whenever something is done for the first time. Tonight is the first time that this unique group of people has gathered together to celebrate this particular version of the Seder.

Recite together:

נברך את עין החיים והחיים והחיים
למען הווה.

N’vereykh et eyn hachayim shehechianu, v’kiyamanu, v’higianu, lazman ha-zeh.

Let us bless the source of life for giving us life, for sustaining us, and for bringing us to this time.

FLOWERS
A blessing over new blossoms

Sephardic Jewish tradition includes going outside on Passover to eat a meal and say the blessings over new blossoms in the spring. Appreciating what is beautiful is integral to our humanity and to our liberation struggles—beauty sustains us and reminds us of the world that we love and the future that we are creating.

Please join us in a blessing over the flowers at our tables that honors our intentions for the world we want to live in and the beauty within us:
N’vareykh et eyn hachayim, shelo hesair b’olamo davar, u’vara vo briyot tovot v’elanot tovim l’hanot bahem benei adam.

Let us bless the source of life, which has made the world lacking nothing, and has produced beautiful creatures and trees which delight us.

**KIDDUSH**

It is traditional to drink four cups of wine during the Seder to invoke the four promises that God made to the Hebrews—to bring you out, to deliver you, to redeem you and to take you as my people. While we do not accept the idea that Jews are the “chosen people” or that liberation lies in divinity alone. Tonight, we drink four cups of wine to the promises of our movements for justice and our commitments to collective liberation.

**First Cup:** To the Spirit of Freedom and Legacies of Resistance  
**Second Cup:** To the End of Injustice, to Self-Determination and to Life  
**Third Cup:** To Our Common Heritage of Struggles against Oppression and the Kinship of all People  
**Fourth Cup:** To Sustaining Ourselves, Each Other, Our Movements and the Planet
First cup: To the Spirit of Freedom and Legacies of Resistance

“It is not your responsibility to finish the work of perfecting the world, but you are not free to desist from it.”

~Rabbi Tarfon, Pirke Avot 2:21

As people working for liberation we are never alone. Our forbearers in our families and our forbearers in this work are with us in every moment, are with us now. We call on the legacies of all those who have made it possible for us to be in this room, those whose survival, struggles and lives we build on and whose words and work inspire us. We dedicate the first cup to the legacies of struggles for liberation and to standing with those who continue the struggle.

In celebrating the resistance that came before us, we also wrestle with our individual, family and collective histories and legacies. Our predecessors sometimes made compromises to survive, or allowed fear, greed and lust for power to lead them to collude with destructive forces. We cannot change the trajectory of history by avoiding the parts we are unwilling to face. Rather, by understanding its patterns we can work collectively to change them.

Raise a glass in honor of the legacies of resistance that we draw strength from and continue in our lifetime.

N’vareykh et eyn hachayim matzmichat p’ri hagafen.

Let us bless the source of life that ripens fruit on the vine.
Wild Geese
by Mary Oliver

You do not have to be good.
You do not have to walk on your knees
  for a hundred miles through the desert, repenting.
You only have to let the soft animal of your body
  love what it loves.
Tell me about despair, yours, and I will tell you mine.
Meanwhile the world goes on.
Meanwhile the sun and the clear pebbles of the rain
  are moving across the landscapes,
  over the prairies and the deep trees,
  the mountains and the rivers.
Meanwhile the wild geese, high in the clean blue air,
  are heading home again.
Whoever you are, no matter how lonely,
  the world offers itself to your imagination,
  calls to you like the wild geese, harsh and exciting-
  over and over announcing your place
  in the family of things.
URCHATZ
Washing of hands

Water is necessary for life. As water is privatized, and pollution from industry and agriculture increases, many people around the world live with not enough water, or water that is dangerous to consume.

In Palestine, the Israeli military and Jewish settlements seize control of water sources and divert it away from Palestinians to Israeli Jews. As a result, many Palestinian communities lack what is necessary for daily life.

As we wash our hands, we honor the gift of water and pledge to conserve our own use of it and commit to water justice in Palestine and elsewhere.

*Fill a jug with water and bring it and an empty bowl to the table. One at a time, pour water over each other’s hands.*
KARPAS
Greens

After saying the blessing, we eat the Karpas.

The green vegetable or herb symbolizes the new life of spring. The salt water represents the tears shed by the Hebrews in Mitzrayim. Why do we dip the karpas in salt water? According to tradition, we do this precisely because it is unusual. It is specifically intended to cause children to ask what is going on. What does the act of immersing the symbol of life in the symbol of tears mean to you?

Take some greens and dip them in the salt water, lemon juice or vinegar and say:

נברך את עין החיים חован את פירי האדמה.

N’vareykh et eyn hachayim hazanah et p’ri ha-adamah.

Let us bless the source of life, source of the fruit of the ground.

BEYTZA
Egg

Since there is no specific ritual involving the egg, we may eat it at any time during the Seder.

The roasted egg is traditionally part of the Seder plate and is usually understood as symbolizing burnt sacrifices offered at the Temple. It is also understood as a springtime fertility symbol, or a symbol of the cycle of life and death. Yet, there is no definitive explanation for why we include an egg on the Seder plate, and there is no ritual act or blessing associated with it. Let this egg, then, represent to us the power that we have to make our own meaning of traditions, and the ways that our cultural practices have a place at the table.
OLIVE

After saying the blessing, we eat the olives.

Traditionally, the ‘olive branch’ is a symbol of peace. Until Palestinians’ right to self-determination on historic Palestinian land - including the rights of refugees and their descendants to return - is upheld, there will not be justice and there can be no peace. Tonight, these olives, which contain seeds for trees yet to come, honor the resilience and steadfastness of the Palestinian struggle for self-determination and the ongoing resistance to Zionism everywhere.

Say together the blessing over the fruit of the trees:

בברך את עץ החיים והנה את פרי העץ.

N‘vareykh et eyn hachayim hazanah et p’ri ha-etz.

Let us bless the source of life, source of the fruit of the tree.

ORANGE

After saying the blessing, we eat the orange.

The fable of the orange on the Seder plate is that, in response to a young woman asking her Rabbi what room there was for a lesbian in Judaism, he replied “There’s as much room for a lesbian in Judaism as there is for a crust of bread on the Seder plate.” In response, some students began a tradition of including a crust of bread on their Seder plate in defiance of this attitude.

Later, Susannah Heschel replaced the crust of bread with an orange. Instead of a crust of bread, which violates tradition and nulls the validity of the entire Seder, the Orange represents the fruitful contributions of women, queer and trans people to Judaism.

We include an orange on the Seder plate in honor of the continuing struggle against sexual and gender oppression and the many contributions of women, queer and trans people to our movements.
Say together the blessing over the fruit of the trees:

N’vareykh et eyn hachayim hazanah et p’ri ha-etz.

Let us bless the source of life, source of the fruit of the tree.

**YACHATZ**

**Breaking of the middle matzah**

*Break the middle matzah into two pieces. Wrap and set aside the larger piece as the Afikomen, the matzah to be eaten after the meal. The smaller half is returned to its place with the other two matzah.*

At the heart of the Seder is the commandment that, in every generation, each person should feel as if they themselves have gone forth from the narrow place of oppression.

*Raise the matzah and say:*

This is the bread of affliction which our ancestors ate in the land of Mitzrayim. Let all who are hungry, come and eat. All who are isolated, come and celebrate Passover with us. As long as some are oppressed, none are truly free. Next year, may we all be truly free.

As we break the middle matzah, we recall the Yiddish saying, “there is nothing more whole than a broken heart.”

To face the magnitude of injustice and suffering – that we experience, that we bear witness to – is to be heart broken.

“Next year, may we all be truly free” is a commitment. We know that realizing this is impossible. We also know, wholeheartedly, that the alternative is unacceptable: justice cannot wait.
We say together:

בכל דור ודור אנחנו הייבים לארץ את
עמינו כלים יזאנו ממצרים.

In every generation, we must see ourselves as having personally gone forth from Mitzrayim.

KIDDUSH

Second cup: To the End of Injustice, to Self-Determination and to Life

Passover is a time to recommit to becoming the people we want to be, loving in the ways we want, creating relationships and communities that we want to be part of, and working towards creating the world we want to live in together. We dedicate the second cup to our struggles for self-determination – to the survival of our ways of life and living, love and self-expression, traditions and cultures, histories and many forms of resistance.

Raise a glass to our commitment to becoming the people that we want to be and building the world that we want to live in – to liberation from without and within.

נברק את עין החיים מצמיהו פֶרי הָגֶפֶן.

Let us bless the source of life that ripens fruit on the vine.
THE FOUR CHILDREN

Traditionally, we are commanded to teach our children the customs and stories of Passover. The Talmud (a collection of ancient rabbinic teachings on Jewish law and tradition) suggests four different archetypes of “children.” According to the Talmud,

The Wise child might ask: *What is the meaning of the laws and rules which our G-d has commanded us?* We should explain to this child in great detail all the laws and customs of Passover.

The Wicked child might ask: *What does this service mean to you?* Since this child distances themself from participating in the community, we answer, “we celebrate Passover because of what G-d did for us. If you had been in Mitzrayim, you would not have been included when we were delivered from bondage.”

The Typical child might ask: *What is this all about?* We answer simply that, “with a mighty hand G-d took us out of Mitzrayim”

What about the child Who Doesn’t Know Enough to Ask a Question? We must explain to this child why we observe Passover, to remember the story of Exodus.

We understand these archetypes to represent various orientations that each of us takes on at different times, in different contexts. Sometimes, we are wise - ready to receive the nuance and complexity before us. Sometimes, we willfully separate ourselves from community, or imagine our actions simply as those of allies in solidarity, forgetting that we act in joint struggle; that our fates are linked. Sometimes, we need to be reminded to speak plainly, to return to a core principle at the heart of the matter, and to let go of the details that make it appear more complicated than it is. Sometimes, we do not know where to begin; we do not even know enough to ask. In those moments, we rely on the generosity and patience of others to help us see what we may not yet see.
Traditionally, the youngest person at the Seder asks the four questions. Each question seeks to uncover the significance of the symbolism in the Seder ritual. We value this tradition of questioning, as well as the leadership and wisdom of young people, tonight and every night.

Below are the four questions in four languages. The first is in Hebrew, the language used for ritual and prayer for centuries, in many places. The second, third and fourth – Yiddush, Ladino and Judeo-Arabic – are languages that have become almost extinct as a result of long histories of genocide, targeting and displacement, including the displacement of Jews from their places of origin as a result of the Zionist movement and the founding of the State of Israel.

**Mah nishtanah ha-lai-lah ha-zeh mi-kol ha-layloht, mi-kol ha-layloht?**

Why is this night different from all other nights?

**Sheh-b’khol ha-layloht anu okhlin chameytz u-matzah, chameytz u-matzah. Ha-lahylah ha-zeh, ha-lahylah ha-zeh, kooloh matzah?**

Why is it that on all other nights during the year we eat either bread or matzoh, but on this night we eat only matzoh?

**Sheh-b’khol ha-layloht anu okhlin sh’ar y’rakot, sh’ar y’rakot. Ha-lahylah ha-zeh, ha-lahylah ha-zeh, maror?**

Why is it that on all other nights we eat all kinds of herbs, but on this night we eat only bitter herbs?

**Sheh-b’khol ha-layloht ayn anu mat’bilin afilu pa’am echat, afilu pa’am echat. Ha-lahylah ha-zeh, ha-lahylah ha-zeh, sh’tay p’amim?**

Why is it that on all other nights we do not dip our herbs even once, but on this night we dip them twice?
Sheh-b’khól ha-layloht anu okhlin bayn yosh’bin u’vayn mitzubin, bayn yosh’bin u’vayn mitzubin, Ha-lahylah ha-zeh, ha-lahylah ha-zeh, koolanu mitzubin?

Why on all other nights do we eat either sitting or reclining, but on this night we eat in a reclining position?

The Four Questions in Ladino (Judeo-Spanish)

Kuanto fue demudada la noche la esta mas ke todas las noches?
Ke en todas las noches non nos entinyentes afilu vez una, i la noche la esta dos vezes?

Ke en todas las noches nos comientes levdo o sesenya i la noche la esta todo el sesenya?

Ke en todas las noches nos comientes resto de vedruras i la noche la esta lechugua?

Ke en todas las noches nos comientes i bevientes tanto asentados i tanto arescovdados i la noche la esta todos nos arescovdados?

The Four Questions in Yiddish (Judeo-German)

Alla nacht fun a ganz yar
Essen mir chametz u’matzah,
Uhbar d’nacht fun Pesach, essen mir matzah.

Alla nacht fun a ganz yar
Essen mir allilay grinsin,
Uhbar d’nacht fun Pesach, essen mir marror.

Alla nacht fun a ganz yar
Tinkin mir nor ain mol,
Uhbar d’nacht fun Pesach, tinkin mir tzvai mol.

Karpas in saltzvasser, un marror in charoses.
Alla nacht fun a ganz yar
Essen mir sie zitzindik un sie ungeshpart,
Uhbar d’nacht fun Pesach, essen mir sie ungeshpart.
The Four Questions in Judeo-Arabic

B’ma tera-yerath ha-dhee lei-la min kil l’yalee. Fee kil l’yalee les nih’na ram’seen. Lawu-noo mara wahda wa-dhee lei-la mar-ten.

Fee kil l’yalee nih’na ak-leen chmeer ya f’teer. Wa-dhee lei-la ku-loo f’teer. Fee kil l’yalee nih’na ak-leen ch-dhar ya m’rar. Wa-dhee Leila ku-loo m’rar. Fee kil l’yalee nih’na ak-leen u-shar-been. Ben ka’a’deen uben min-ti-kiyeen. Wa-dhee lei-la ki-lit-na min-ti-ki-yeen.

Making a Fist
By Naomi Shihab Nye

For the first time, on the road north of Tampico,
I felt the life sliding out of me,
a drum in the desert, harder and harder to hear.
I was seven, I lay in the car
watching palm trees swirl a sickening pattern past the glass.
My stomach was a melon split wide inside my skin.

“How do you know if you are going to die?”
I begged my mother.
We had been traveling for days.
With strange confidence she answered,
“When you can no longer make a fist.”

Years later I smile to think of that journey,
the borders we must cross separately,
stamped with our unanswerable woes.
I who did not die, who am still living,
still lying in the backseat behind all my questions,
clenching and opening one small hand.
MAGGID
Telling the story

Maggid means “the telling.” During Maggid, we tell the story of the exodus of the Hebrews from Mitzrayim. We tell and retell this story, not as validation of its ‘Truth,’ or factual history, but because it is an ancient story that our ancestors have wrestled with and found meaning in across generations.

The narrative has been interpreted and used in many ways; some we reject, others we embrace. By participating in this tradition and contending with its contradictions, we take responsibility for the legacies we inherit and for creating new possibilities in the present and for the future.

You may choose to read this traditional story in order to wrestle with its contradictions. In telling this story, we are instructed to ‘see ourselves as if we ourselves had left the land of Mitzrayim.’ If you chose, you can replace the traditional story of exodus with a story - literal or fabled - from a legacy of resistance you’ve inherited or participated in.

A new Pharaoh rose up in Mitzrayim, he saw that the Hebrews were mighty and numerous, and he was afraid. The Pharaoh afflicted them with hard bondage and made them serve with rigor. Their lives became bitter, but they continued to grow in number and strength.

The Pharaoh summoned two midwives, Shifra and Puah and ordered them, “When you attend Hebrew births, if the child born be a daughter, she shall live but if the child born be a son, you shall kill him.” Shifra and Puah refused to obey this order, safely delivering all Hebrew children.

The Pharaoh summoned them again, demanding to know why they would not obey. “The Hebrew women are not like the women of Mitzrayim” they told him, “They are strong and give birth before the midwives arrive.” The Pharaoh saw that they would not obey his orders, and he decreed that all Hebrew baby boys be drowned in the river.

Yocheved, a Hebrew woman, gave birth to a son. She risked her life to hide him and keep him safe. After three months, she could not hide
him any longer. She built a basket and placed him in it by the river. She sent his sister, Miriam, to stand on the riverbank to watch and see what would become of him.

Later that day, the Pharaoh's daughter came down to the river to bathe. She noticed the basket and sent her handmaiden to bring it to her. When she opened the basket, she saw the crying baby inside. She recognized that it was one of the Hebrew children ordered to drown. She said, “I shall take this child and raise him as my own, and I will call him Moses for I drew him out of the water.”

At that moment, Miriam stepped forward and said, “I know of a Hebrew woman who could nurse this baby for you.” Pharaoh's daughter agreed to let the Hebrew woman nurse the child, so Miriam brought Moses back to Yocheved, who raised him until he was weaned. Then, Moses was taken to the palace where he grew up as if he were the part of the royal family.

One day, when Moses was walking among the people, he saw someone from Mitzrayim beating a Hebrew. Moses struck him a blow which killed him, and buried the body in the sand. The next day when Moses was out walking, he noticed two Hebrews quarreling and approached them to intervene. They turned to Moses saying, “Who made you a prince and a judge over us? Do you intend to kill us, as you killed the man of Mitzrayim?” Moses realized that word of this killing was spreading, so he fled Mitzrayim for the land of Midian, where he married and began raising livestock.

In Midian, while herding sheep through the mountains, Moses came across a strange sight. He saw a bush that burned with flames, but was not consumed by the fire. When G-d saw that he stopped to watch this, G-d spoke to Moses saying, “I am the Lord, god of your fathers.” Moses asked, “By what name shall I call you?” G-d answered, “I will be what I will be.” G-d commanded Moses to return to Mitzrayim and demand that the Hebrews be let go. At first, Moses refused, doubting his ability to speak clearly. G-d then instructed him to let his brother Aaron speak for him.

So Moses returned to Mitzrayim and, with his brother Aaron as spokesperson, demanded that Pharaoh let the Hebrews go to the wilderness to worship G-d. Pharaoh did not recognize the god of Abraham, and refused to let them go. Instead, he increased their
burdens. The Hebrews complained to Moses, saying, “You have made us abhorrent in the eyes of the Pharaoh and his people. It is worse now because of you.”

Moses questioned G-d, saying “Why have you sent me? For since I came to Pharaoh to speak in Your name, only evil has befallen Your people. You have not delivered them at all.”

G-d replied, “Now, see how I will deal with the Pharaoh.” G-d sent Moses back to the Pharaoh, ordering him once again to let the Hebrews go. This time, when Pharaoh refused, G-d sent the first of ten plagues. Each time G-d sent a plague over Mitzrayim, the Pharaoh prepared to let the Hebrews go. But each time, G-d hardened Pharaoh’s heart so that he would refuse.

Before the last plague, Moses instructed the Hebrews to sacrifice lambs as burnt offerings to G-d, and to smear blood from the lambs on the door posts of their houses so that the Angel of Death would pass-over their homes, sparing their firstborns as the firstborns of Mitzrayim were being slaughtered.

With the final plague, not a single household in Mitzrayim was spared, besides the Hebrew households. The Pharaoh summoned Moses and Aaron in the night and urged them to take the Hebrews and leave immediately, before more harm befell the people of Mitzrayim.
The Hebrews left Mitzrayim in great haste, so quickly that they did not have time to let their bread dough rise. They cooked unleavened cakes of bread, and quickly followed Moses towards the wilderness.

After the Hebrews were on their way towards the wilderness, G-d once again hardened Pharaoh’s heart. Pharaoh sent his armies after the Hebrews, all of his horses, chariots and soldiers. Finally, the Hebrews stood trapped between the Red Sea and the army. They cried out to Moses saying, “Why have you brought us here to die in the wilderness? It would have been better to serve Pharaoh in bondage than to die this way.”

Then G-d commanded Moses to stretch out his arm over the water. When Moses stretched out his arm, a mighty east wind came and divided the waters. The sea parted and the Hebrews walked through on dry land.

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**Nachson**

Some tell the story of Nachshon. According to the story, when Moses first spread his hand over the seas, the waves did not part. It was not until Nachshon stepped into the water and waded up to his nose that the sea parted. This story places the miracle as more than an act of G-d. Instead, we interpret the miracle as a response to human courage, faith, and the willingness to die for freedom.

Once again, G-d hardened the Pharaoh’s heart, and Pharaoh pursued the Hebrews into the Sea. Once the Hebrews crossed to the other side, G-d commanded Moses to stretch his arm back over the waters. This time, the sea came crashing down, drowning the Pharaoh and all his soldiers and horses.

On the other side of the Sea, the Hebrews were awed by G-d’s power. Miriam the prophetess took a timbrel in her hand, and all the women followed her, dancing and singing praise to G-d for delivering them from bondage in Mitzrayim.
Discussion questions:

At the Burning Bush, G-d says, “Go tell Pharaoh that I command him to let my people go so that they may worship me. I will bring them to a land flowing with milk and honey, the land of the Canaanites.”

Edward Said observes that G-d is not freeing the Hebrews but ‘delivering’ them in order to worship G-d, and that G-d is promising them land where people are already living. Also, the story of Exodus is full of cruelty, retributive justice and collective punishment. Said questions whether the story of Exodus is a liberation story. What does it mean to contend with these themes in what is so often read as a story of redemption or liberation?

TEN PLAGUES

We spill a drop of wine from our cups for each plague endured by the people of Mitzrayim to symbolize how their suffering diminishes our joy.

For each plague dip your pinky into your cup of wine and place a drop on your plate as we recite together:

- Dam : Blood
- Tzfardeyah : Frogs
- Kinim : Lice
- Arov : Flies
- Dever : Blight
- Shichin : Boils
- Barad : Hail
- Arbeh : Locusts
- Choshech : Darkness
- Makat B’chorot : Death of First-Born
Third cup: To Our Common Heritage of Struggles against Oppression and the Kinship of all People

We dedicate the third cup to the struggles for justice, dignity and freedom that people all over the world are part of every day. Each of our struggles are specific and important both for their own sake and for the strength that each struggle for justice brings to every other struggle. The humanity and dignity of each of us is necessary for the humanity and dignity of all of us – “this time it’s all of us or none.”

There is a long history of attempts to dehumanize and exploit the many for the benefit of the few. There is an equally long history of the many surviving and rising up to demand their dignity, freedom and lives. Tonight we recognize with gratitude all those who struggle for justice and we recall with awe the inspiring legacies of resistance and survival we inherit and join.

*Raise a glass to affirm and celebrate joint struggle toward collective liberation and remind ourselves of our commitment: “never again for anyone.”*

N’vareykh et eyn hachayim matzmichat p’ri hagafen.

Let us bless the source of life that ripens fruit on the vine.

LO YISA GOY

Lo yisa goy el goy kherev
Lo yilmedu od milkhama.

And everyone ‘neath their vine and fig tree,
Shall live in peace and unafraid.

And into plowshares beat their swords,
Nations shall learn war no more.
DAYENU

Dayenu means “it would have sufficed” or “it would have been enough.” Dayenu is a song of our gratitude. A Jewish philosopher was once asked, “what is the opposite of hopelessness?” And he said, “Dayenu.”

Join together in song:

Ilu hotzi hotzianu hotzianu mi’mitzrayim
Hotzianu mi’mitzrayim, dayenu

CHORUS:
Dai-dai-yenu, Dai-dai-yenu, Dai-dai-yenu
Dai-yenu, Dai-yenu!

Ilu natan natan lanu natan lanu et ha’shabbat
Natan lanu et ha’shabbat dayenu

CHORUS

Ilu natan natan lanu natan lanu et ha’torah
Natan lanu et ha’torah dayenu

CHORUS

If you had only brought us out of Mitzrayim – Dayenu!
If you had only given us Shabbat – Dayenu!
If you had only given us the Torah – Dayenu!
This Time
by Aurora Levins-Morales

They say that other country over there, dim blue in the twilight, farther than the orange stars exploding, over our roofs, is called peace, but who can find the way? This time we cannot cross until we carry each other. All of us refugees, all of us prophets. No more taking turns on history’s wheel, trying to collect old debts no one can pay. The sea will not open that way.

This time that country is what we promise each other, our rage pressed cheek to cheek until tears flood the space between, until there are no enemies left, because this time no one will be left to drown and all of us must be chosen. This time its all of us or none.

RACHATZAH
Washing of hands

We wash our hands for the meal and say this blessing:

חַזֶּר נפִּשְׁנוּ אֶת كְדֻשַּׁת הָגוּף בְּנַיטִילַת يָדַיִם.

Tizkor nafsheynu et k’dushat haguf binitilat yadayim.

Washing the hands, we call to mind the holiness of the body.

PESAH
Point to the Pesah, shank bone or beet and read together:

Our ancestors ate the Pesah offering at their seder as a reminder that G-d passed over the houses marked with lambs’ blood in Mitzrayim.
MOTZI MATZAH

Blessing over the matzah

Hold up the matzah and read together:

We eat matzah, unleavened bread, as a reminder that there was not enough time for the dough to rise before fleeing.

We bless the matzah by saying together:

N’vareykh et eyn hachayim hamotzi’ah lechem min ha’aretz.

Let us bless the source of life that brings forth bread from the earth.

N’vareykh et eyn hachayim v’et hamaseret l’echol matzah.

Let us bless the source of life and the tradition of eating matzah.
MAROR

Blessing over the bitter herb

Raise the maror and say together:

Traditionally, we eat this bitter vegetable as a reminder that the lives of the Hebrews were embittered with hard bondage. Tonight we eat these bitter herbs to symbolize the ways oppression and exploitation continue to embitter and destroy people and places across the globe.

N’vareykh et eyn hachayim v’et hamaseret l’echol maror.

Let us bless the source of life and the tradition of eating maror.

CHAROSET

Point to the Charoset and read together:

We eat this mixture of apples, nuts, honey, cinnamon, and wine as symbolic of the mortar and the bricks that the Hebrews used in Mitzrayim.
KORECH

Hillel sandwich

We now take some maror and charoset and put them between two pieces of matzah and give the sandwich to the person on our left.

In eating this sandwich, we recall the sage Hillel who, in remembrance of the loss of the Temple in the 1st century BCE, created the Korech sandwich. He said that by eating the Korech, we would taste the bitterness of slavery mixed with the sweetness of freedom. This practice suggests that part of the challenge of living is to taste freedom even in the midst of oppression, and to be ever conscious of the oppression of others even when we feel that we are free.

also libya
by Suheir Hammad

no one tells you
if anyone does you do not listen anyway
if you do still you do not understand
no one tells you how to be free
there is fire in your neck
ocean in your ear
there is always your fear
the words you cannot even
no one is here
when the world opens upside
down you reach toward dawn
your weight on the earth changes
some of us plant deeper
others ache to fly
SHULCHAN ORECH
The Meal (adapted from East Bay Meditation Center)

This food is a gift of the earth, the sky, numerous living beings and much hard work.

We acknowledge the labor of the workers who grew, harvested, packaged, transported and prepared this food, who often work for low wages in harmful conditions.

May we commit ourselves to standing for workers’ rights and standing together for the rights of workers everywhere to organize.

May we eat with mindfulness and may we learn to consume mindfully.

May we keep our compassion alive by eating in such a way that we reduce the suffering of living beings and preserves the planet.

We accept this food so that we may nurture ourselves, strengthen our community and nourish our commitment to action.

TZAFUN
Eating the afikomen

The Seder cannot officially end until everyone has had a taste of the afikomen—the larger half of the broken middle matzah. Nothing is eaten after the afikomen, so that the matzah is the last food tasted.

In some Sephardi and Mizrahi traditions we take the middle matzah that is under the cloth, give everyone a piece and say:

In remembrance of the Pesah offering which was eaten until we were satisfied.
BAREICH
Blessing after the meal

Bareich rachamana, malka d’alma, marei d’hui pita.
You are the Source of life for all that is and your blessing flows through me.

CUPS OF THE PROPHETS
On the Seder table we have placed a Cup of Wine for the prophet Elijah and a Cup of Water for the prophet Miriam. We do not consume this water or wine, but open the door and invite in Miriam and Elijah.

Elijah’s cup
In the ninth century B. C. E. a farmer arose to challenge the domination of the ruling elite. In his tireless and passionate advocacy on behalf of the common people, and his ceaseless exposure of the corruption and waste of the court, Elijah sparked a movement and created a legend which would inspire people for generations to come.

Before he died, Elijah declared that he would return once each generation in the guise of any poor or oppressed person, coming to people’s doors to see how he would be treated. By the treatment offered him, he would know whether the population had reached a level of humanity worthy of the coming of the Messiah. We translate “coming of the Messiah” to mean the realization of our full humanity through creating a world in which justice and human dignity was the basis for society.

Miriam’s cup
The story has always been told of a miraculous well of living water, which has accompanied the Jewish people since the world was spoken into being. The well comes and goes, as it is needed, and as we
remember, forget, and remember again how to call it to us. In the time of the exodus from Mitzrayim, the well came to Miriam, in honor of her courage and action, and stayed with the Hebrews as they wandered the desert. Upon Miriam’s death, the well again disappeared. With this ritual of Miriam’s cup we honor the role of women in our collective survival, resilience and liberation.

ELIYAHU HA-NAVI

Eliyahu ha-navi, Eliyahu ha-tishbi
Eliyahu, Eliyahu, Eliyahu ha-giladi

Bimheyra b’yameynu, Yahvoh eleynu
Im mashiakh ben David, Im mashiakh bat Sarah

Elijah the prophet
Elijah of Tishbe
Elijah of Gilead

In haste and in our days may he come to us with the Messiah son of David, daughter of Sarah

Miriam ha-Neviya, oz v’zimra v’yada.
Miriam tirkod itanu l’hagdil zimrat olam.

Bimheyra b’yameynu, Hi t’vi’einu
el mei ha-yishua, el mei ha-yishua.

Miriam the prophet
Strength and song in her hands
Miriam will dance with us to strengthen the world’s song
Soon and in our time she will bring us to the waters of redemption.

KIDDUSH

Fourth cup: To Sustaining Ourselves, Each Other, Our Movements and the Planet

The love that we extend and receive, the relationships we build, the communities we weave, and the web of life that holds us are the bonds that remind us what we are working for.
We dedicate the fourth cup to sustaining what is sacred—a life of dignity, health and well-being, our relationships, our movements for justice, being alive, the land and all living things. We must celebrate and revel in what is sacred as we reckon with the harm being done and mourn what is lost.

We take responsibility for sustaining ourselves, each other and our movements for the long journey ahead, in honor of those who came before us and for the sake of those who will come after us.

*We raise a glass to affirm and celebrate our commitment to sustaining ourselves, each other, our movements and the planet.*

Let us bless the source of life that ripens fruit on the vine.

**HALLEL**

**Songs of praise**

**MI CHAMOKHA**

*Please join us in song:*

*Mi chamokha ba-elim adonai?*
*Mi chamokha nedar ba-kodesh,*
*nora t’hilot, oseh feleh.*

Who is like you among the powers?  
Who is like you, transcendent in holiness,  
awesome in splendor, working wonders!
Traditionally the Seder concludes with the words, “I’shana ha-ba b’yerushalayim: next year in Jerusalem.” This tradition predates Zionism and the state of Israel. Before political Zionism, “Jerusalem” was sometimes interpreted to be a conceptual place symbolizing a future condition of peace and freedom. With awareness of how this metaphor of freedom has been exploited for the political projects of establishing Israel on Palestinian land, we call for peace and justice in Palestine and all over the world and end by saying:

“I’shana ha-ba b’heroot: next year in freedom.”
Martín Espada
Imagine the Angels of Bread

This is the year that squatters evict landlords,
gazing like admirals from the rail
of the roof deck
or levitating hands in praise
of steam in the shower;
this is the year
thatshawled refugees deport judges
who stare at the floor
and their swollen feet
as files are stamped
with their destination;
this is the year that police revolvers,
stove-hot, blister the fingers
of raging cops,
and nightsticks splinter
in their palms;
this is the year
that darkskinned men
lynched a century ago
return to sip coffee quietly
with the apologizing descendants
of their executioners.

This is the year that those
who swim the border’s undertow
and shiver in boxcars
are greeted with trumpets and drums
at the first railroad crossing
on the other side;
this is the year that the hands
pulling tomatoes from the vine
uproot the deed to the earth that sprouts the vine,
the hands canning tomatoes
are named in the will
that owns the bedlam of the cannery;
this is the year that the eyes
stinging from the poison that purifies toilets
awaken at last to the sight
of a rooster-loud hillside,
pilgrimage of immigrant birth;
this is the year that cockroaches
become extinct, that no doctor
finds a roach embedded
in the ear of an infant;
this is the year that the food stamps
of adolescent mothers
are auctioned like gold doubloons,
and no coin is given to buy machetes
for the next bouquet of severed heads
in coffee plantation country.

If the abolition of slave-manacles
began as a vision of hands without manacles,
then this is the year;
if the shutdown of extermination camps
began as imagination of a land
without barbed wire or the crematorium,
then this is the year;
if every rebellion begins with the idea
that conquerors on horseback
are not many-legged gods, that they too drown
if plunged in the river,
then this is the year.

So may every humiliated mouth,
teeth like desecrated headstones,
fill with the angels of bread.
No more taking turns on history's wheel, trying to collect old debts no one can pay.
The sea will not open that way. This time no one will be left to drown.
And all of us must be chosen.
This time it's all of us or none. — Aura Levin-Altaras